

Daily Learning Planner

*Ideas families can use to help children
prepare for school*

Nordonia Hills City School District
Title I Program



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Prepare for School—Try a New Idea Every Day!

1. Paint a picture with your child using only black and white paint.
2. Look online or in the newspaper for a list of seasonal events. Plan to attend one as a family this month.
3. Let your child invite a friend to play. Beforehand, discuss how to be polite.
4. Talk with your child about what happened today. Together, draw a picture describing the day.
5. Read a book with your child about helping others. Talk about the importance of community service.
6. Make sure your child knows your family's street address. Look at the building number together.
7. Find a broken toy. See if you and your child can fix it.
8. When your preschooler has a problem, offer two appropriate solutions and let your child decide which one to choose.
9. Visit a pet store and look at the fish. Discuss their sizes and colors.
10. Encourage independence. Make rules your child can follow for getting a snack or choosing activities.
11. Help your child practice sharing.
12. Talk about how animals survive the winter months. What do bears do? How about birds?
13. Read a fairy tale with your child. Talk about favorite parts of the story.
14. Play a game of Follow the Leader. Take turns leading and following with your child.
15. Measure and weigh your child. Explain about inches and pounds.
16. Spend 30 minutes reading together today. Let your child pick the books you will read.
17. If you're cooking with spices, let your child smell each one. Which smells the best?
18. Have a counting day. Count stairs as you climb them, cars as they pass and stars as you spot them.
19. Make a noisemaker with your child. Put dried beans in a plastic container with a lid. Shake it to music. Feel the rhythm.
20. If your holiday plans involve travel, pack a goody bag full of snacks, books and games to keep your child entertained.
21. Make a snowman together out of three marshmallows.
22. Have your child draw a picture of something that people do or see in December.
23. Hunt for the first letter of your child's name together today. Look on signs, in books and in newspaper headlines.
24. Tell a story about when your child was a baby.
25. Listen to seasonal music you like and sing along with your child.
26. Have your child talk to older relatives about their childhood days.
27. Write some instructions on pieces of paper, such as "Hop on one foot." Draw them out of a hat and follow them for a fun activity.
28. Put five items of one kind and six items of another kind on a table. Ask your child, "Which group has more?"
29. Help your child make an indoor fort with sofa pillows or furniture draped with a sheet.
30. Visit the library to check out some new books to read with your child. Enjoy them together.
31. Give your child an empty paper towel roll as a megaphone. Shout out, "Happy New Year!"